



MESSY PLAY IDEAS

EXPLODING COLOUR

Ingredients and Materials

- Cooking Oil (less than one quarter of the jar's size)
- Assortment of food colourings
- Water
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- Clean clear jar or wide neck bottle
- Paper towel
- Spoon
- Smaller bowl

Steps

1. Fill three quarters of the jar or bottle with water
2. In a separate smaller bowl, add the cooking oil
3. Carefully add drops food colouring to the oil (3 - 5 colours can provide interesting results)
4. Gently stir food colouring into oil, to form small balls/droplets of colour.
5. Carefully add the oil-food colouring mix to the jar of water.
6. Watch and wait for the exploding colour as the oil settles on the top of the jar

