



## MESSY PLAY IDEAS

# Fizz & foam

### Ingredients and Materials

- Mentos lollies
- Soft drink in one litre (or more plastic bottle)
- Cardboard
- Sticky tape
- Eye wear
- Clothes that can get messy
- Outdoor open space

### Steps

1. Make sure you are working in an outdoor space, this activity gets a lot of mess every where and up high as well.
2. Use cardboard to make a tube to fit the mentos lollies in
3. Fill the tube with the whole or crushed lollies
4. Put your bottle of soft drink (Cola, lemonade, etc) on a level surface and remove the lid/
5. Place a piece of flat cardboard over the neck of the bottle.
6. Put eye wear on
7. Carefully place the tube of lollies over this piece of cardboard, so that they are ready to fall in.
8. Get ready to run, pull out cardboard slip covering the neck of the bottle, so that the lollies fall into the soft drink.
9. Watch the explosion and try not to get covered in sticky stuff.

