



MESSY PLAY IDEAS

Playdough I

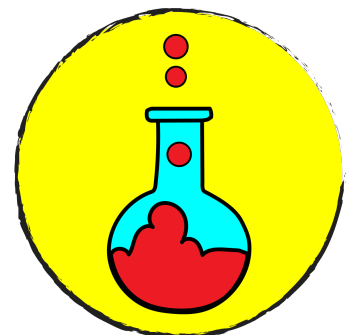
Ingredients and Materials

Ingredients

- 2 cups plain flour (all purpose)
- 2 tablespoons vegetable oil (baby oil and coconut oil work too)
- 1/2 cup salt.
- 2 tablespoons cream of tartar.
- 1 to 1.5 cups boiling water (adding in increments until it feels just right)
- Food colouring (optional)

Steps

1. Mix the flour, salt, cream of tartar and oil in a large mixing bowl/box
2. Add food colouring TO the boiling water then into the dry ingredients
3. Stir continuously until it becomes a sticky, combined dough
4. Allow it to cool down then take it out of the bowl/box and knead it vigorously for a couple of minutes until all of the stickiness has gone. * This is the most important part of the process, so keep at it until it's the perfect consistency!*
5. If it remains a little sticky then add a touch more flour until just right.





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Playdough 2

Ingredients and Materials

Ingredients

- 2 cups plain flour
- 1 cup salt
- 1 tbs oil
- 1 cup cold water
- 2 drops liquid food colouring

Steps

1. Combine plain flour and salt.
2. Add water, food colouring and oil. Mix until ingredients are combined.
3. Knead well.
4. If consistency is too wet add a little plain flour

