



MESSY PLAY IDEAS

SLIME

Ingredients and Materials

- White glue (Approximately 1 cup)
- Baking soda / Bicarb soda (Approximately half a teaspoon)
- *Contact lens solution** (Approximately one and half tablespoons)
- Water (From two tablespoons - the more you add the stretchier the slime. *ADD the water slowly to get the consistency you want*)

OPTIONAL

- Glitter
- Shaving cream
- Food colouring/ paint

BE AWARE

- The mixture **CAN NOT** be eaten or tasted
- Some of the ingredients (**contact solution**) should be carefully added by an adult

Steps

1. Get a mixing container
2. Add the glue to container
3. Add bicarb soda and mix thoroughly
4. Slowly add water starting with the smallest amount, adding more to get the consistency you want
5. Slowly add the contact lens solution and mix as you go.
 - Adjust water and contact lens solution to find different consistencies
6. When you think you have it the way you like it, knead the mixture to even out all ingredients.

OPTIONAL

- Mix shaving cream into the slime mix for a different texture.
- Ignore food colouring and just add glitter



SEE WHAT SLIME YOU CAN CREATE USING YOUR IMAGINATION

