Newcomer - Go for a walk, find a place to sit down, have your child(ren) close their eyes and just listen. Listen to what they can hear. After a while when your/their ear is tuned, you and your child(ren) may want to start discussing or naming the sounds you can hear and the sources you think they come from.



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Novice - Have some attribute cards connected to sounds. These attributes might include (soft, loud, fast, slow, banging, whistling, rumbling, etc). Go on another sound walk and see if you and your child(ren) can hear sounds connected to each of the different attributes. After each sound walk, you and your child(ren) might want to draw, paint or create an expressive piece

(dance, a puppet show, etc) that shows

what sounds you heard today.





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Apprentice You may need some simple instruments, or materials to make instruments for this task. Invite your child to go on a pretend sound hunt. This sound hunt could be based on a book (see ideas below) or of your own creation. As you develop this invented sound walk, use the instruments you have created, your bodies or other materials to create the sounds that you might hear on this sound walk. If you are feeling adventurous, you and your child(ren) may even want to create an obstacle course or path to 'play' the sound walks on.



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Interesting books to encourage sound explorations include

- Going on a Bear Hunt (Michael Rosen)
- Over in the meadow (Denise Flemming)
- In the small small pond (Ezra Jack Keats)





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